

DEM CARDS ORDER FORM

JO OPTIONAL & COMPULSORY RESOURCES

for Coaches and Judges

Name _____

Shipping Address _____

City, State, ZIP _____

Phone _____ Email _____

QUANTITY	DESCRIPTION	UNIT PRICE	TOTAL PRICE
	BAR INDEX	\$ 3.00 each	
	COMPULSORY CARDS	\$ 15.00 set	
	OPTIONAL EVENT CARDS	\$ 10.00 set	
	OMNI CARD Level 9 & 10	\$ 12.00 each	
	OMNI CARD Level 7 & 8	\$ 12.00 each	
	NCAA OMNI CARD (Available Oct. each year)	\$ 12.00 each	
	WALL CHARTS	\$ 22.00 set	
	RULES & POLICIES TABS	\$ 5.00 set	
	COACHES PACKET - NO SHIPPING CHARGE	\$ 88.00 packet	
	JUDGES PACKET w/out flashcards - NO SHIPPING	\$ 62.00 packet	
	SHIPPING CHARGES:	SUB TOTAL	
	Up to \$10.00 - \$4.00 \$20.01 - \$40.00 - \$ 9.00	SHIPPING	
	\$10.01 - \$20.00 - \$6.00 \$40.01 - \$70.00 - \$10.00	TOTAL	
	\$70.01 and up - \$14.00		

PLEASE PAY BY MONEY ORDER OR CHECK • NO CREDIT CARDS

Credit card orders available at www.demcards.com

Make all checks payable to: **GYMNASTICS EVENTS**
 email: DebGK@Me.com • phone/fax (205) 951-0184

Mail to: **Debby Kornegay**
 394 Stonebridge Road • Birmingham, AL 35210-4111

COACHES PACKET

Bar Index
 Compulsory Cards
 Optional Event Charts
 L 7&8 and L 9&10 Omni Card
 Wall Charts
Cost Including Shipping
\$88.00

JUDGES PACKET

Bar Index
 Compulsory Cards
 Optional Event Charts
 L 7&8 and L 9&10 Omni Card
Cost Including Shipping
\$62.00

Updated from May, 2010 WTC/JO Meeting
JO OPTIONAL & COMPULSORY RESOURCES
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BAR INDEX	A list of bar elements in alphabetical order for JO value, element number, and Code of Points page number.	\$3.00
COMPULSORY CARDS UPDATED	Compulsory deductions at your finger tips for all SIX LEVELS . These sets are 8 1/2 x 11 in full color — coded by event. Eleven full size cards.	\$15.00 Set Price
OMNI CARDS UPDATED	You have to see it to believe it! One card with Levels 7 & 8 and one card with Levels 9 & 10 covering Vault, Bars, Beam, Floor and General deductions, special connection bonus, special requirements, range, compositional faults, specific apparatus deductions and composition requirements. Also value part, start value and bonus requirements and restrictions for all Levels.	\$12.00 Each
NCAA OMNI UPDATED each October	Same as above but with NCAA requirements. Elements that differ from JO also listed on this card.	\$12.00
OPTIONAL EVENT CHARTS UPDATED	For easy reference of Value Parts - these charts for BARS, BEAM and FLOOR are great to use for that quick element value part check while judging or coaching. These charts list value parts in ENGLISH and judges shorthand and each value part letter is printed in its own color for rapid identification. Four full size cards.	\$10.00 Set Price
RULES & POLICIES TABS	Preprinted tabs for your Rules and Policies.	\$5.00 Set Price
WALL CHARTS UPDATED	Easy reference of Value Parts. Now in full color like the code size charts but enlarged to 11 x 17 to hang on the gym wall. These skills are written out in ENGLISH as well as shorthand symbol.	\$22.00 Set Price

CONTACT: DEBBY KORNEGAY

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email: DebGK@Me.com

Order online @ www.demcards.com