



Alabama Quarter Notes

AL-NAWGJ

Volume 6, Issue 1

June 2005

Inserts:

- Tom Koll Clinic
- 2005 Compulsory Availability
- Region 8 USA Gymnastics 2005 Judges Information
- Deb's Dem Card Order Form
- Educational Library Information and Order Form
- Judges Accreditation Miscellaneous Credit Form
- Judging Accreditation Annual Continuing Professional Education Record
- Judging Accreditation Clinic Form

PUT AWAY THE OLD AND BRING ON THE NEW:

We are bringing the Quadrinium to a close with only Alabama Sports Festival remaining under the "old rules". As we purge our files and throw away eight years of Compulsory routines, notes, and score sheets we prepare to study new routines and educate ourselves in preparation for a new beginning. We void our mind of the old Optional Rules and values and open our mind to new deductions and skill values. This time is one of excitement and of dread, another period of time that every spare moment is filled with memorization and calculations. Many of you will make the decision to broaden your knowledge by studying for a new, higher level. Some of you will find it a hard decision to stay at the level you have already obtained. We will have new, interested individuals who want to become a judge and are making the decision to test. We will have friends who decide the cost of judging is too great and have made the decision to drop from the program. After many years associated with gymnastics I find our sport is never dull but always full of changes and surprises.

Remember the following things you can do to remain up-to-date on all the changes:

- Visit the USAG and NAWGJ web sites every week for updates.
- Plan to attend an educational course to prepare for new certification.
- Order your new materials as soon as possible.
- **STUDY!**
- Make plans to attend study sessions with your membership.
- **STUDY!**
- Attend every workshop/course possible.
- **STUDY!**
- Ask for help with all your questions.
- **STUDY!**
- Get proper sleep before testing.
- **STUDY!**

GOOD LUCK to each of you.

Mary Ann Wallace

THANK YOU FOR VOLUNTEERING

A very sincere thank you to the following judges for volunteering their time away from home.

NCAA Regionals
Tuscaloosa

NCAA Nationals
Auburn

Camp Smile-A-Mile
Armory

Diane Peeks
Wendy Seabrook

Tammye Goehring
Debby Kornegay
Wendy Seabrook
Carol Smitherman
Mary Ann Wallace

Jarrett Ezell
Diane Peeks
Carol Smitherman

Our neighboring state of Mississippi helped fill the empty spots at NCAA Regionals and NCAA Nationals. A sincere thank you goes out to these judges for helping fill the open assignments:

NCAA Regionals
Nancy Hawkins
T. G. Hawkins
Mary Jane McDaniel
Mary Thacker

NCAA Nationals
Mary Jane McDaniel
Mary Thacker

Your dedication is an indication of your love for the sport of gymnastics. Without people like you, we would be unable to offer or support of the programs above. Thank You!

NAWGJ LIBRARY

Enclosed is an order form for items relative to study for your optional certification. If you are interested in purchasing items with AL NAWGJ money, please send the order to Mary Ann and she will forward with payment or order/pay for yourself and send Mary Ann a voucher with proof of purchase for a reimbursement.

TOM KOLL CLINIC

You will find an insert enclosed about the Tom Koll clinic. Please be sure to attend this clinic as the clinic portion has been **pre-paid for you by the AL NAWGJ**. You will need to make your own arrangements for hotels. A list of hotels is also included in this newsletter.

REGION 8 ADDRESS BOOK

Please fill out the enclosed form and mail or fax back to Mary Ann Wallace. She will send Debby a document with all the information. If you do not return the form, your name will not be included in the Regional Address Book. Your form from last year will not carry over to another year.

JUDGES ACCREDITATION ANNUAL CONTINUING PROFESSIONAL EDUCATION RECORD

The CPE (Continuing Professional Education) Form takes the place of the Active Status Card. Your CPE Form will begin June 1, 2005 and end July 31, 2006 for the recertification year. In the past we began our Active Status Report January 1st each year, ending in December. The new policy will begin our educational record August 1st each year, ending July 21st. Enclosed is a card stock form for you to use (beginning June 1st). You will be required to turn in this form to Phyllis Thompson, State Continuing Professional Education Coordinator by July 31, 2006. Further information will follow the National SJD meeting in Portland, Oregon in July. Since some of you will attend clinics and workshops prior to this meeting you will need this form. You will receive certificates from clinicians which must be kept on file. As soon as we have a State Board Meeting, you will receive further information concerning how we will handle these forms. Until a firm policy is in place, make sure to keep all records for future reference. Also included are Certificates for miscellaneous Credit. If you need more forms contact Phyllis.

BUSY BEES

The Coaches, Judges and the entire gymnastics community are going to be busy bees this summer. Below is a list of the upcoming dates that you need to keep in mind.

June 3-5

2005 JO National Compulsory Workshop and Technical Symposium in Louisville, KY.

June 10-12

2005 JO National Compulsory Workshop and Technical Symposium in Reno, NV.

July 7-8

Region 8 Future Stars Training Camp in Clearmont, FL.

July 9-10

Region 8 Future Stars Training Camp in Myrtle Beach, SC.

July 14-17

2005 NAWGJ National Symposium in Portland, OR.

July 29-31

Alabama/Mississippi Tom Koll Clinic in Tuscaloosa, AL.

July 29-31

Region 8 Level 8 & 9 Training Camp in Longwood, FL.

August 5-6

Alabama Judges Retreat in Montgomery.

August 10-13

USA National Championships in Indianapolis, IN.

August 11-14

USA National Congress in Indianapolis, IN.

August 14-15

Women's National Judges' Course #1 in Indianapolis, IN.

August 17—19

Women's National Judges' Course #2 in Indianapolis, IN.

October 14-16

Region 8 Coaches and Judges Optional Update in Auburn, AL.

October 15-16

Region 8 Level 9, 10 and Elite Training Camp in Auburn, AL.

**ALABAMA
NAWGJ**

JUDGES RETREAT

AUGUST 5TH—7TH

PLACE: MONTGOMERY, AL.

MARIAN DYKES—CLINICIAN

**INFORMATION ON OPTIONAL RULES
AND VALUE PARTS ON FOUR OLYMPIC
EVENTS**

COST: FREE TO ALL ALABAMA JUDGES

**NEW ALABAMA NAWGJ WEB-
SITE:**

www.Alanawgj.org

Contracts (hopefully) will be issued and filled out on the web site beginning this year.

ADDRESS CHANGE

Please make note of the following address change:

**Rhonda Sanders
610 Belsaw Avenue
Mobile, AL 36603
Phone: 251-432-0880**

PLEASE REMEMBER DURING THIS HECTIC SUMMER OF STUDY AND RE-CERTIFYING TO TAKE SOME TIME OUT TO JUST RELAX AND ENJOY YOUR FAMILY. SOMETIMES WE GET SO WRAPED UP IN WHAT IS GOING ON THAT WE FORGET ABOUT THE OTHER IMPORTANT THINGS IN OUR LIFE.

2006

NATIONAL JUDGES CUP

The 2006 National Judges Cup will be held on January 6-8 at the George R. Brown Convention Center in Houston, TX. If you have never attended a National Judges Cup, consider volunteering your time to judge this meet next year. All the pertinent information to follow as the date gets closer.



DEB'S DEM CARDS

Enclosed is an order form for Debby Kornegay's DEM cards. Materials will be available by mid June. If you plan to use money from your account with AL NAWGJ, write at the top of the page "USE AL NAWGJ MONEY". Fill out your form and mail to Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210. If you are not using AL NAWGJ Funds make sure to enclose a check for the amount you owe. Remember, if you are interested in the Flash Cards, they go quickly.



CAMP-SMILE-A-MILE MEET

The annual Camp-Smile-A-Mile Meet was held at Armory Gymnastics in June. Ben Morrow donated his gym for this meet which is put on to help disabled children go to camp. The children receive a great benefit from this camp and for some of them it is the only time they get to be away and have fun. Many thanks goes out to Ben and his great staff for volunteering their time and equipment for this really worthwhile event. The judges also donated their time to make this meet happen. Thanks to all that were involved. I am sure you made a difference in some child's life by your generosity.